

STAR TEACHINGS PROTOCOL

**A
STARSEED'S**

**CODES
&
KNOWLEDGE**

A STARSEED'S CODES Of Self Mastery & Self Conduct

1. All life is SACRED. If it has emerged out of nature then it has all the same dangers and opportunities as all the other life does. You are born from love as love, and at your core you are joy and love.
2. The one true constant is change. Everything is temporary, nothing lasts forever. Resisting change brings more turbulence.
3. Do not harm oneself or others. To harm yourself is to harm others.
4. Follow nobody, no one will save you but you. Don't be a slave to others definitions and opinions or control and dependency. Knowing you have all the solutions to your own happiness and only you can resolve them.
5. Trust yourself. Be your own boss, be a critical thinker and conscious of your choices, thoughts, actions, words and deeds, as you do them with presence of mind.
6. Unity Consciousness, all things in life are inter-connected, and so all things share commonalities. Seeking out what unites and magnifying connection.
7. Solution finding around any obstacles, not taking a "no" for an answer, coming up with innovative remedies. Autodidact qualities of learning for oneself to discern.
8. Self love, practicing your inner development, nervous system regulation, self monitoring and healthy boundaries. Not being drawn into issues that do not serve you.
9. Authenticity of who you are, without the need to defend or apologise to anyone, as they all have their projections of you that are not of you, but of them. Being aware of self and in control of your reactions and responses.
10. Know your powers. Love yourself and everything but take no crap. Knowing you hold huge powers of destruction, but choose actively daily not to use them. Transmuting your righteous anger into energies that create the systems to destroy injustices.
11. Harmony and inner peace. Knowing the solution to world peace is the same as the solution for inner peace. To be at peace with oneself and to be accepting of oneself, and our own unique imperfections.
12. Presence, to use your active conscious engagement and attention with life. By sharing love with others in service to self, via service to others. This creates a harmonic resonance heart field of huge beneficial powers when you are actively present in the now.

A STARSEED'S WISDOM

Basic Interstellar Knowledge & wisdom

- 1. Knowing that life exists throughout the universe. Diverse life-forms that exist on other planets and different worlds.
- 2. Knowing that these other off-world life-forms range from simple to very complex expressions of life.
- 3. That there is intelligent life and some of it is more intelligent than some humans. Their spirituality has advanced their intelligence levels.
- 4. That Extraterrestrials, even though they may have one species name like "Pleiadeans", there are many types of Pleiadeans. Not all the same species look the same or have the same genetics. A Solatian looks different from a Mayan, both are Pleiadean races.
- 5. Not all planets have one species. You don't just get Londoners living in London. You don't just have a star system or planet inhabited by one species. Like not only Arcturians inhabit Arcturus or the Bootes Void. There are other colonies and races living there too.
- 6. Good or bad species? Is not the correct question, there are both good and bad extraterrestrials, as there are good and bad humans. The vast majority are peaceful.
- 7. All life has been seeded on planet Earth, humans originated in the Lyra star system and came to planet Earth several millions of years ago
- 8. Planet Earth is round, if seen from orbit, it is an oblique spheroid shape like a slightly squashed ball bulging at the middle.
- 9. Awakening process. Knowing that the awakening process is a natural state the consciousness reaches, mostly through experiences or trauma, but still choosing to love afterwards.
- 10. You are the agent of change. Realising that you have the ability to create reality and materialise things into physicality by your thoughts, deeds, words and actions.
- 11. Incarnation is real but the ones controlling the mainstream perception management systems like governments, religions and media do not want you knowing you are eternal.
- 12. Knowing that dark & Light, good & evil are always going to co-exist, because they are the extreme sides of the same entity of oneness. That seeing both sides makes you see from the central neutral space. That there are always 3 options. Positive, negative and neutral. Knowing that you are Source itself as pure love.

Starseed Syndrome

What is Starseed Syndrome?

Starseeds have a wider more expanded awareness, with this comes a profound sense of isolation before eventually finding similar like minds or being ok with solitude.

1. Feelings of profound alienation and not belonging

Many starseeds report feeling like outsiders or "aliens" their entire lives, even within their own families. This can be a deep sense of displacement and a feeling that the Earth is not their real home.

2. Intense homesickness for an unknown place

This feeling of being out of place is often accompanied by an intense longing or nostalgia for a "home" that they can't quite remember or describe. This homesickness can sometimes lead to feelings of depression.

3. A strong sense of purpose

Starseeds often feel like they have a significant mission to help humanity, such as raising and shifting the planet's collective consciousness. This can materialise as a powerful and amplified drive to fulfil a purpose, which can accelerate their personal growth.

4. Overwhelming empathy and sensitivity

As highly sensitive and empathetic individuals, starseeds often pick up on the emotions and energies of others. This can be overwhelming, especially in large crowds, leading them to seek out solitude to recharge.

5. Heightened intuition

A strong sense of "knowing" and reliance on one's gut feelings is a common trait. This can extend to psychic or paranormal experiences, such as sensing energies, auras, spirits or having prophetic dreams.

6. Challenging childhoods

Many starseeds report experiencing significant childhood traumas, such as feeling like the family scapegoat or black sheep. According to believers, these difficult experiences are by design to build strength and resilience.

7. Intellectual curiosity and frustration with social norms

Starseeds are often described as being intelligent but easily bored by traditional academics. They frequently question societal constructs and can feel perplexed by the behaviours of others, leading to feelings of loneliness.

8. Powerful interest in space and spirituality

A deep fascination with outer space, stars and extraterrestrial life is a key aspect of a Starseed's beliefs. Starseeds are also drawn to metaphysics and spiritual practices that offer explanations beyond conventional science and religion.

9. Difficulties in relationships

Due to their heightened sensitivity and feelings of being different, starseeds may struggle with romantic relationships, attracting partners who are not a good fit for them because of different levels of awareness. They may also have few but very deep friendships.

10. Feeling overwhelmed by the world's darkness

Starseeds can be deeply affected by violence, injustice and negativity in the world. Because of their healing mission, they may feel the weight of the planet's troubles personally, which can lead to anxiety or depression.